

A Standardized Method for Measurement of Elbow Kinesthesia

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Materials

Name	Company	Catalog Number	Comments
3/4 inch diameter PVC pipe	Charlotte Pipe		Pipe to be cut into lengths of: 30 inches/76.2 cm (x2); 8 inches/20.3 cm (x2); 44 inches/111.8 cm (x1); 32 inches/81.3 cm (x1).
3/4 inch diameter PVC pipe end caps (x3)	Charlotte Pipe		
3/4 inch diameter PVC tee (x1)	Charlotte Pipe		
45° PVC elbow (x1)	Charlotte Pipe		
90° PVC elbows (x2)	Charlotte Pipe		
Athletic tape	3M		
Delsys acquisition software (EMGworks)	Delsys		
Double-sided tape	3M		
Duct tape	3M		Used to assist in removal of dead skin cells on participant's skin prior to EMG sensor placement.
Elbow Continuous Passive Motion (CPM) Machine	Artromot		Chattanooga Artromot E2 Compact Elbow CPM; Model 2038
Electrogoniometer	Biometrics, Ltd		
Flour sack dishcloths (x2)	Room Essentials		Fabric used for creation of visual screen.
Handheld external trigger switch	Qualisys		Trigger switch used for electrogoniometer event marking.
Hearing occlusion headphones	Coby		
Isopropyl alcohol	Mountain Falls		
Paper tape	3M		
Ruler with inch markings	Westcott		
Standard height chair	KI		
String	Quality Park		Approximately 15 inches of string needed. String used for standardization of electrogoniometer placement.

Trigno Goniometer Adapter	Delsys		
Trigno Wireless Electromyography Sensors	Delsys		
Washable marker	Crayola		
Washcloth	Aramark		Used in combination with isopropyl alcohol for cleaning participant's skin prior to EMG sensor placement.