

Materials List for:

# Human *Vastus Lateralis* Skeletal Muscle Biopsy Using the Weil-Blakesley Conchotome

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URL: <https://www.jove.com/video/53075>

DOI: [doi:10.3791/53075](https://doi.org/10.3791/53075)

## Materials

Name	Company	Catalog Number	Comments
Weil-Blakesley conchotome	Gebrüder Zepf Medizintechnik, Dürbheim, Germany	None	6 mm biting tip
5 ml 2% lidocaine	Generic use	None	One 5 ml vial should suffice for adequate anaesthesia
Alcohol swab	Generic use	None	
5 ml syringe	Generic use	None	
25 G and 23 G sterile needles	Generic use	None	
Sterile scalpel size 11	Generic use	None	
Sterile gauze squares	Generic use	None	
Sodium chloride 0.9% 10 ml	Fannin	1122/002/001	
Steri-Drape™ Small Drape with Adhesive Aperture	3M	1020	
ChloroPrep 2% w/v /70% v/v cutaneous solution	CareFusion	270400	Two
Steri-Strip™ 1/4 inch x 3 inch Reinforced Adhesive Skin Closures	3M	R1541	
PRIMAPORE sterile dressing 15 cm x 8 cm	Smith & Nephew	66000318	
Cotton crepe bandage Hospicrepe 233 7,5 cm x 4,5 m	Hartmann	915562	
Flexible cohesive bandage Co-Plus LF	BSN medical	2904565	
Disposable absorbent sheet	Generic use	None	
Micropore or transpore tape	Generic use	None	
Sterile gown with sterile paper towels	Generic use	None	
Sterile gloves	Generic use	None	